

MENTAL HEALTH PARITY TO UNDERSTAND MEMBERS EXPERIENCE

Treatment Category (COHORTS)	IN PATIENT				OUT PATIENT				OVERAL			
	Approved	Partially approved	Denied	Total	Approved	Partially approved	Denied	Total	Approved	Partially approved	Denied	Total
TOTAL # OF IP/OP CLAIMS FOR CY 2023	818,804 (77)	216,706 (20)	33,563 (3)	1,069,073 (43)	985,946 (70)	387,582 (27)	39,802 (3)	1,413,330 (57)	1,804,750 (73)	604,288 (24)	73,365 (3)	2,482,403
Medical/Surgical (MS)												
Inpatient Acute Adult	539,243 (75)	156,877 (22)	23,454 (3)	719,574 (100)					539,243 (75)	156,877 (22)	23,454 (3)	719,574
Long Term Acute Care (LTAC) and Skilled Nursing Facility (SNF)	10,626 (62)	5,102 (30)	1,312 (8)	17,040 (100)					10,626 (62)	5,102 (30)	1,312 (8)	17,040
Outpatient Services, Home Health Care					423,841 (74)	133,175 (23)	17,014 (3)	574,030 (100)	423,841 (74)	133,175 (23)	17,014 (3)	574,030
Overall	545,525 (75)	160,493 (22)	24,468 (3)	730,486 (56)	423,841 (74)	133,175 (23)	17,014 (3)	574,030 (44)	969,366 (74)	293,668 (23)	41,482 (3)	1,304,516 (53)
Mental Health/ Substance Abuse (MH)												
Inpatient Mental Health and Inpatient Acute Detox	76,185 (81)	15,836 (17)	2,116 (2)	94,137 (100)					76,185 (81)	15,836 (17)	2,116 (2)	94,137
MH Residential and Partial Hospital; SUD Rehab					12,708 (85)	2,123 (14)	144 (1)	14,975 (100)	12,708 (85)	2,123 (14)	144 (1)	14,975
Intensive Outpatient and Outpatient					32,244 (90)	3,489 (10)	116 (0.3)	35,849 (100)	32,244 (90)	3,489 (10)	116 (0.3)	35,849
Overall	76,185 (81)	158,36 (17)	2,116 (2)	94,137 (65)	44,952 (88)	5,612 (11)	260 (1)	50,824 (35)	121,137 (83)	21,448 (15)	2,376 (2)	144,961 (6)

NOTE: data values in count (%), percent are estimated from chort totals

KEY FINDINGS

A total of ~ 2.5 M claims IP / OP claims were analysed

A: Overall utilization of MS significantly higher than MH, however the pattern is not the same within each treatment category

B: No major differences in denied claims

C: More approval ratings for MH

LOGIC

Step 1: DATA SOURCE: Pull claims for members at least 18 years of age for CY 2022

Step 2: CLASS: Classify the claims into inpatient and outpatient claims

Step 3: TREATMENT: Identify all treatments associated with
1: Medical / Surgical
2: Mental health / substance abuse

Step 4: SUMMARY: Statistics calculated based on the current status (approved, partially approved, denied):

For every treatment type by claims Classification:

- 1: Number (%) of approved claims
- 2: Number (%) of partially approved claims
- 3: Number (%) of denied claims