Environmentally Friendly Cleaning Recipes (Inside)

**TOP INGREDIENTS:** Baking soda, plain white vinegar, liquid soap, (detergent if you have hard water) lemon juice and olive oil.

**Useful but toxic if swallowed:** borax, washing soda

**Drains:** pour 1 cup baking soda, 1 cup vinegar, and some salt, then wait 5 minutes, flush with 2 quarts boiling water

**Windows/glass cleaner:** ¼ cup vinegar, ½ tsp. liquid soap (or detergent), 2 cups warm water

**All purpose cleaners***: ¼ cup vinegar, 2 tsp. borax (dissolve in hot water first), 3 ½ cups hot water, ¼ cup liquid dish soap (added last)

**OR**

1 tbsp. castile liquid soap, 2 cups water, 1 cup vinegar, 1 tbsp. lemon juice

**Scouring powder***: 1 cup baking soda, ¼ cup borax

**Appliances***: 1 tsp. borax, 3 tbsp. vinegar, 2 cups hot tap water

**OR**

1 tsp. castile liquid soap, 1 tsp. washing soda, 3 cups warm water, 1 tbsp. vinegar

**Oven:** sprinkle water, add baking soda in a quarter-inch layer, sprinkle water again, let sit overnight, scrub

**Kitchen Cabinet Degreaser:** ¼ cup lemon juice and 1 quart hot water, then rub on wood surfaces

**Wood floor Cleaner:** ¼ cup vinegar, ¼ cup water, ½ tsp liquid soap, a few drops olive oil

**Wood polish***: 1 tbsp. lemon juice and 2 tbsp. olive oil

**Carpet:** baking soda and hot water, let sit then scrub with club soda

(continued on reverse)
Bathroom spray*: 1 tbsp. castile liquid soap, 1 cup warm water, ¼ tsp. tea tree oil, ½ cup vinegar

Toilet Bowl*: 1 cup borax, ¼ cup vinegar

Shower Curtain: Rub a sponge saturated with vinegar on your shower curtain to remove soap build-up, mold and mildew

* Add drops of an essential oil of your choice if you prefer an aroma (lavender, lemon)

Environmentally Friendly Cleaning Recipes
(Outside)

Car Washing Soap: large bucket full of water, 1 cup liquid detergent, 12 tbsp. of powdered environmentally friendly laundry detergent, 3 tbsp. of vinegar

Car Wax: 1 cup linseed oil, 4 tbsp. carnauba wax, 2 tbsp. beeswax, ½ cup vinegar, heat all ingredients slowly in a saucepan until liquid, place in container and wait until it hardens.

Check out these sites for more eco-friendly recipes (including tips for laundry, air fresheners and disinfectants)